

DOES YOUR COMPANY HAVE A WELLNESS PROGRAM?

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DOES YOUR COMPANY NEED A WELLNESS PROGRAM?

Join and get advice from other members.

Studies show that wellness programs reduce the cost of workers compensation because strengthened backs are harder to strain, strong bones are harder to break and regular exercise helps keep your mind sharp.

The purpose of the Health & Wellness Branch is to establish a knowledge base along with tools and resources to help safety professionals become proficient in influencing:

- *Employees to make appropriate lifestyle choices*
- *Employers to provide appropriate tools, programs and infrastructure that will facilitate appropriate employee lifestyle choices*
- *Employers to recognize safety professional contributions as value added to their organizations*

HELP ADVANCE THE PROFESSION OF SAFETY BY MAKING STRONGER WORKERS.



The American Society of Safety Engineers