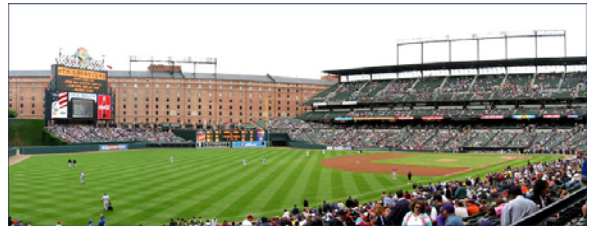


CHESAPEAKE CHAPTER

RUTHERFORD BUSINESS CENTER, 17 GOVERNOR'S COURT

September 2008 Newsletter



2008-2009 Executive Committee

EC Meets @ 8:30 a.m. on the 1st Friday of every month at CRSC

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SEPTEMBER, 2008 PRESIDENT'S MESSAGE

Well the summer is over and I hope that each of you had a safe and fun summer as well as an enjoyable Labor Day Weekend (even if you had to deal with the Chesapeake Bay Bridge traffic).

September is off to a big start with important ASSE activities and other interesting programs that you should try to attend. The ASSE Regional Professional Development Conference is the week of September 17-19, 2008 in Myrtle Beach, S.C. The Chesapeake Region Safety Council will hold its 19th Annual Conference and Expo on September 11, 2008 at the Johns Hopkins Applied Physics Lab. The Building a Framework for Healthy Housing: 2008 National Healthy Homes Conference runs from Sept. 15-17 in Baltimore, Maryland co-sponsored by HUD, CDC, EPA, and the USDA.

With all that going on the Chesapeake Chapter will not be having a formal monthly Chapter meeting but will have a booth at the CRSC Conference and Expo where Chapter Members can stop by for interesting information on the planned Chapter Year and some of our new initiatives to better serve our membership.

The Chesapeake Chapter will be hosting the ASSE National Professional Development Conference in Baltimore in June of 2010. We are already planning our support activities including a major night our event. Contact one of the Officers or Executive Board members if you are interested in being a part of this exciting event or come to one of the Chapter Meetings where details will be available as the planning process moves along.

Remember to drive defensively, it seems that as we commute each day there is an ever-increasing number of serious accidents that not only inconvenience us but also impact the lives and family of those involved in those unfortunate accidents.

Bob Lawson, President
Chesapeake Chapter ASSE

WELCOME NEW MEMBERS

We would like to extend a special welcome to the new members of the Chesapeake Chapter.

Christina Blythe	NSA	John Mathis	Bechtel
Chris O'Connor	NSA	Scott Doellinger	IWIF
Esteban Lopez	NSA	Paul Marsiglia	Baltimore Aircoil Co.
Kenneth Shoster	NSA	Samantha Emminizer	Lifestar Response
Ashley Spaulding	NSA	Tyrone Allen	Atlantic Scaffolding
Shirley Chapman	ARNG	Elenor Gordon	US Army CHPPM
Patrick Williams	21st Signal Brigade	Cynthia Harrison	US Army CHPPM
Keisha English	JHU/APL	Tyler Mark	US Army CHPPM
Jason Boren	Bechtel		

EXISTING MEMBERS PLEASE UPDATE YOUR CONTACT INFORMATION

It is very important to stay informed of both local and regional ASSE activities. Please take a minute to update your contact information with ASSE. Please check your information to be sure it is accurate. You can do that by going to www.asse.org, or calling customer service at 847-699-2929.

OSHA UPDATE

Third Annual Drug-Free Work Week Slated for Oct. 20-26, 2008

A drug-free workplace policy is a vital component of a safe workplace. From Oct. 20-26, 2008, the U.S. Department of Labor (DOL) will stage its annual Drug-Free Work Week, dedicated to communicating the importance of working drug-free in positive, proactive ways. Drug-Free Work Week is sponsored by DOL's [Working Partners for an Alcohol- and Drug-Free Workplace program](#), but its true spirit is found at the local level in activities conducted by various organizations and in individual workplaces across the country. To get resources and specific ideas on how your organization can support the week's activities, visit the [Drug-Free Work Week Web site](#).

OSHA Publishes Proposed Rule on PPE and Training Standards

OSHA announced in the Aug. 19 [Federal Register](#) that it is accepting public comments on a Notice of Proposed Rulemaking on personal protective equipment (PPE) and training standards. The proposal clarifies that when an OSHA standard requires an employer to provide PPE or training to employees, the employer must do so for each employee subject to the requirement, and that each employee not protected may be considered a violation for penalty purposes. For more information on the proposal and details on how to submit comments, refer to the Federal Register notice. Comments will be accepted until Sept. 18.

New OSHA Guidance Document on Working with Portland cement

Portland cement is a generic term used to describe a variety of building materials valued for their strong adhesive properties when mixed with water. Employees who work with Portland cement are at risk of developing skin problems, ranging from mild and brief to severe and chronic. OSHA recently released a new guidance document, [Preventing Skin Problems from Working with Portland Cement](#), aimed at helping employers and employees understand the hazards associated with Portland cement and the applicable OSHA regulations.

MOSH UPDATE

Maryland Occupational Safety and Health

Department of Labor, Licensing and Regulation/Division of Labor and Industry Regulatory Update:

- COMAR 09.12.31 - Proposed to adopt, through incorporation by reference amendments relating to Employer Payment for Personal Protective Equipment.

Rule adopted effective: 07/17/2008 – Vol. 35, Issue 14, MR, 07/07/2008

- COMAR 09.12.31 - Proposed to adopt, through incorporation by reference amendments relating to Updating OSHA Standards Based on National Consensus Standards.

Rule adopted effective: 07/17/2008 – Vol. 35, Issue 14, MR, 07/07/2008

- COMAR 09.12.24.03, .05-.09 - Adopts changes that OSHA made to its Consultation Policies and Procedures Manual so that Maryland's regulations are consistent with those of federal OSHA.

Rule adopted effective: 08/17/2008 – Vol. 35, Issue 16, MR, 08/01/2008

For information contact: Debbie Stone, Administrative Officer, Division of Labor and Industry, 1100 N Eutaw St, Rm 606, Baltimore, MD 21201, 410-767-2225, fax 410-767-2986, stone.debbie@dol.gov

EMERGENCY PREPAREDNESS QUIZ – HOW READY ARE YOU?

1. A Family Emergency Plan should NOT include which of the following?

- a. Information about the emergency plan at your children's schools
- b. The name and phone number of an out-of-town contact person
- c. A list of important phone numbers, including those of doctors and emergency services
- d. Arrangements for each person in the family to be at a specific land line telephone at a specific time
- e. A central meeting spot outside your home and one outside your neighborhood in case you need to leave the area

The answer is D. The arrangements for each family member to be at a specific land line telephone at a specific time may not be possible or useful under many conditions, as people may have to relocate or evacuate entirely during a disaster. Families should create an emergency plan and carry important information with them so they know how to get in touch and get back together during an emergency. Finally, both telephone land lines and cellular phones may be overloaded or out of service during or after an emergency, so knowing in advance where to meet is important.

2. When preparing for a possible emergency situation, it's best to think first about the basics of survival. Which of the following is NOT considered a necessity for survival?

- a. Drinking water
- b. Food
- c. Clean air
- d. Comfortable shoes
- e. Warmth

The answer is D. While sturdy protective shoes are important during and after a disaster, they are not necessary for survival. You can learn more about the basics of survival by visiting ready.gov.

3. Which of the following items should NOT be included in a basic emergency supply kit?

- a. Water (one gallon per person per day for drinking and sanitation)
- b. Non-perishable foods
- c. Battery-operated radio
- d. Dust mask or cotton fabrics
- e. Whistle
- f. Important family documents
- g. Candles
- h. Flashlight and extra batteries

- i. Manual can opener
- j. Plastic sheeting and duct tape
- k. Garbage bags and plastic ties
- l. Wrench or pliers
- m. First aid kit
- n. Unique family needs such as infant formula or prescription medicines

The answer is G. All of the items listed above should be included in a basic emergency supply kit, except for candles. Candles pose a serious fire hazard, and it is safer to use a battery-operated flashlight or lantern. Learn more about emergency supply kits at ready.gov.

4. Which of the following is NOT a recommended action for emergency preparedness?
- a. Creating a family emergency plan
 - b. Stockpiling antibiotics
 - c. Becoming knowledgeable about types of potential emergencies and responses
 - d. Getting an emergency supplies kit

The answer is B. Stockpiling antibiotics is not recommended because it is impossible to predict the exact nature of a biological emergency and there is not one antibiotic that effectively treats all possible bioterrorist-related sicknesses. In addition, inappropriate use of antibiotics can potentially lead to dangerous side effects and also contributes to the problem of many organisms developing antibiotic resistance.

5. Which steps should pet owners take when preparing their pets for emergencies?
- a. Assemble an emergency supply kit with enough pet food and water for three days, as well as medications, medical records, leashes and ID tags. Develop an emergency plan that considers the pets' needs and make a list of animal shelters or veterinary hospitals in other cities where a pet may need to be temporarily sheltered in the case of an evacuation.
 - b. Plan with neighbors, friends or relatives to make sure that someone is available to care for or evacuate pets if you are unable to do so.
 - c. To alert rescue workers during a fire or other emergency, place "Pets Inside" stickers on doors or windows, including information on the number and types of pets.
 - d. All of the above

The answer is D. Pet owners should take all of the above steps when preparing their pets for emergencies. For more information on pet preparedness or to download brochures, visit the Ready Web site, ready.gov, and click on Ready America.

6. Which of the following is the federal government's Web site that provides information about how to get prepared for a natural disaster or other emergency?
- a. www.prepared.gov
 - b. www.safe.gov
 - c. www.ready.gov
 - d. www.protected.gov

The answer is C. www.ready.gov, the Web site of the U.S. Department of Homeland Security's Ready Campaign, is designed to educate and empower Americans to prepare for and respond to potential emergencies. The goal of the campaign is to get Americans involved and ultimately to increase the level of basic preparedness across the nation. Ready asks Americans to do three key things: get an emergency kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and their appropriate responses.

**NEXT CHAPTER MEETING:
VISIT US AT THE CRSC CONFERENCE
&
EXPO FRIDAY, SEPTEMBER 11TH**

Who: Your ASSE Chapter will be at the CRSC Conference and Expo. Come visit us!

What: The Chesapeake Region Safety Council 19th Annual Conference and Expo

When: Thursday, September 11, 2008 – Early Bird Registration Deadline 08/22/08

Where: JHU/APL Kossiakoff Center

- [Site Map and Kossiakoff Center](#)
- [Google Map and Directions](#)

Why: Keynote Speakers Denise Koch and Dr. Carnell Cooper, and sessions on crane safety, power outages, crisis in our schools, OSHA/MOSH updates and more. Plus, the opportunity to network with other safety professionals!

How: To register (either online or printable registration form) click [here](#).

Date	Event	Location
Sept. 5, 2008	Chesapeake ASSE Executive Committee Meeting Open to Members	Contact Bob Lawson for more information.
Sept. 11, 2008	Annual Conference and Expo Chesapeake Region Safety Council	Johns Hopkins Applied Physics Lab Laurel, MD
Sept. 12-14, 2008	Region 6 Pre-Conference Sessions	Kingston Plantation Myrtle Beach, SC
Sept. 15, 2008	Registration Deadline Chesapeake ASSE ASP/CSP Prep Course	Questions: pholzberg@iwif.com .
Sept. 15-17, 2008	2008 National Healthy Homes Conference "Building a Framework for Healthy Housing"	Baltimore Hilton Baltimore, MD
Sept. 16, 2008	Region 6 Regional Operating Committee Meeting	Kingston Plantation Myrtle Beach, SC
Sept. 17-19, 2008	Region 6 Professional Development Conference	Kingston Plantation Myrtle Beach, SC
Sept. 23, 2008	Mid-Atlantic Life Safety Conference MFRI and other Maryland Agencies	Johns Hopkins Applied Physics Lab Laurel, MD
Sept. 29, 2008	Chesapeake ASSE ASP/CSP Prep Course Week 1, Session 1	IWIF Towson, MD

Chesapeake ASSE

CERTIFIED SAFETY PROFESSIONAL

Preparation /Refresher Course

September 29, 2008 to November 3, 2008

Monday and Wednesday Evenings

New Format! Only 6 Weeks -- September 29, 2008 to November 3, 2008 – 2 Evenings per Week

New Content! Updated to Reflect Changes in the Exams starting January 2009

Same Fees!! **Still Only \$275**

You know you should get the CSP[®] - but are you ready for the exams?

Professional knowledge must be proven. Obtaining the Certified Safety Professional designation is the best way for you to exhibit your knowledge and professionalism to superiors, co-workers, and clients. The CSP[®] designation is an objective or standard measure of a safety professional's education, experience, and knowledge.

The Chesapeake Chapter of the ASSE sponsors a highly successful and comprehensive review course designed to assist the safety professional in passing the Associate Safety Professional examination (ASP), **the first of two** exams required for the CSP[®] designation. *This course format will reflect the recent exam content changes.* The course will also benefit those preparing to sit for the 2nd examination, necessary for acquiring the CSP[®] designation.

You will also receive handout information useful on a daily basis as a safety professional. You will solve examples, employ formulas, and complete practice exams. Your instructors are recognized and proven industry leaders in the safety profession.

Classes begin September 29th and continue through November 3, 2008. Classes are held **6 consecutive weeks, on Monday and Wednesday evenings**. Hours are 6:30 pm to 9:30pm. The course will be located at IWIF 8722 Loch Raven Blvd Towson, MD 21286 (just inside the Beltway on Loch Raven)

The course fee is still only **\$275**, payable to ASSE - Chesapeake Chapter by **September 15, 2008**.

As a good supplemental reference, ASSE Refresher Guide—2 Vol. or disc set, you may want to order it directly from ASSE.org or at (847) 699-2929 at least 2 weeks before the course starts. However, you will be receiving extensive study material from the individual instructors.

An engineering type calculator is also needed. "Approved" types are plentiful (pick one): (1) Texas Inst –TI30, 34, 35, or 36 (TI's are preferred), or (2) HP 9,10,12, or 30, or (3) Casio FX 115, 250, 260, or 300. If in doubt, check the [BCSP website](http://www.bcsp.org) for approved type of calculator. **Please become familiar with the basic function keys before the class starts.**

For more information about the ASP-CSP process, consult www.bcsp.org.

For more information about this course, contact Peter F. Holzberg 410-494-2402 (Office/Cell) or e-mail: <mailto:pholzberg@iwif.com>

Remember, the registration deadline is Monday, September 15, 2008. Hurry, time is running out!



CDC Link of the Month

Hurricanes - Cyclones, Typhoons, & Other Tropical Storms

CHESAPEAKE CHAPTER AWARDS & RECOGNITION

If you know of a member or non-member whose voluntary activities help improve/promote EHS activities submit their information to Mike Ginther (Awards Chair) at mike.ginther@jhuapl.edu or call if you have questions 443-778-6454.

CALL FOR TOMORROWS CHAPTER LEADERS

Looking to enhance your career development and professional growth? Here's an easy way...by becoming more involved in the Chesapeake Chapter.

Our friendly and experienced senior membership will help you to develop your leadership, collaboration and planning skills while having fun along the way.

There are many participation opportunities, big and small. Start in a limited way, working with others on a committee or a special project in support of the Chapter and its members. The option of gradually working your way up to larger responsibilities is *always available*. You decide! It's **free** leadership training, so take advantage of the opportunities.

NEWSLETTER INFORMATION

We are always looking for items of interest to chapter members to include in our chapter's newsletter. Please submit articles, job openings, or other announcements to Mike.Wolf@itt.com by the 25th of the month.